

The Basics

Bagel		\$1.15	Bagels	Cream Cheese Spread
Bagel with Butter		\$2.10	Plain	Strawberry
Bagel with Butter & Jelly		\$2.30	Blueberry	Plain
Bagel with Cream Cheese		\$3.30	Chocolate Chip	Veggie
Bagel with Flavored Cream Cheese		\$3.55	Everything	Sun-Dried Tomato
Bagel with Lox Spread		\$5.25	Sesame	Sweet
Bagel with Crab Spread		\$5.45	Garlic	Crab Spread
Bagel with Smoked Whitefish Salad		\$5.90	Pumpernickel	Jalapeno Honey
Bagel with Lox & Cream Cheese		\$7.85	Whole Wheat	Light
Bagel with Egg		\$3.50	Cinnamon Raisin	Honey Walnut
Bagel with Egg & Cheese		\$4.10	Salt	Garlic & Herb
Bagel with Bacon, Egg & Cheese		\$5.50	Рорру	Scallion
Bagel with Sausage, Egg & Cheese		\$5.50	Onion	Lox Spread
Bagel with Turkey Sausage, Egg & Cheese		\$5.50	Asiago Cheese	Chocolate
Bagel with Taylor Ham, Egg & Cheese		\$5.45	Old Bay	Funfetti
Egg Whites (2)		\$0.95	Asiago Bay	
Add to above prices				
<u>Cream Cheese (Small/Large)</u>				
Plain/Light	\$2.50/	/\$4.50	Vegetable	\$3.25/\$5.75
Flavored	\$3.00/\$5.50		Crab	\$4.25/\$8.25
Lox Spread	\$4.00/\$7.75			
<u>Salads (Small/Large)</u>				
Chicken Salad	\$3.75/	/\$7.50	Whitefish Salad	\$4.95/\$8.50
Tuna Salad	\$3.50/	/\$7.00		

Breakfast Inspirations - Hot

The Western Bagel with Egg, Green Peppers, Red Onion, Cheddar Cheese and Tomato.	\$5.95
Magic Mushroom Meltdown Bagel with Egg, Portobello Mushrooms, Cheddar and Provolone Cheese.	\$4.85
West Coast Whitecap Bagel with Egg Whites, Sliced Avocado, and Applewood Smoked Bacon.	\$6.45
The Remedy Bagel with Egg, Applewood Smoked Bacon, Sausage, and American Cheese.	\$6.65
Seaside Slam Bagel with Egg, Sausage, Maple Syrup and American Cheese.	\$5.75
Early Riser Bagel with Egg Whites, Turkey Breast, Sprouts, Avocado, Tomato, and Muenster Cheese.	\$8.95
Late Riser Bagel with Egg, Deluxe Ham, Applewood Smoked Bacon, Avocado, Green Onion, and Pepper Jo Cheese.	\$8.95 ack
The Aloha Bagel with Taylor Ham, Cream Cheese, and fresh Pineapple.	\$5.95
The Nova Bagel with Egg, Nova Lox, Havarti Dill Cheese and Capers.	\$8.95
Harry's Crabby Patty Old Bay Bagel with Egg, Sausage, American Cheese, and Crab Spread.	\$8.65
Breakfast Inspirations - Cold	
Sun Kissed Bagel with Cream Cheese, Sun-Dried Tomatoes, and Basil Leaves.	\$4.25
Go Bananas Chocolate Chip Bagel with Peanut Butter, Bananas, and Hershey's Chocolate Syrup.	\$4.75
Tea Time Sandwich Scallion Cream Cheese, Butter, and Cucumbers on an untoasted Salt Bagel.	\$4.25
Lots of Lox	\$8.65

Bagel with Lox, Havarti Dill Cheese, Red Onion, and Capers.

Lox Traditional Bagel with Lox, Cream Cheese, Red Onion, and Capers.	\$8.65
Slammin' Salmon Scallion Cream Cheese, Cucumber, Lox, and Tomato.	\$8.65
Whitefish Wave Bagel with Smoked Whitefish, Red Onion and Tomato.	\$6.95

Extras

Smoked Salmon 4 oz. Package	\$8.95
Apple Wood Smoked Bacon Side (3 Pieces)	\$2.75

Lunch

Apple Chicken EverRoast Chicken, Arugula, Cheddar Cheese, Apple Sliced and Dijon Mustard.	\$7.55
Chicken Pear EverRoast Chicken, Muenster Cheese, thinly sliced Pear, Cranberry Spread, Dijon Mustard, and	\$7.95 <i>Lettuce.</i>
Golden Classic EverRoast Chicken, Roasted Red Pepper, Tomato, Lettuce, Cream Havarti Cheese, Mayonnaise, Applewood Smoked Bacon.	\$8.25 and
The Thanksgiving Ovengold Turkey, Asiago Cheese, Cranberry Spread, Spinach, and Honey Mustard.	\$7.65
The Jameson Ovengold Turkey, Deluxe Ham, Applewood Smoked Bacon, Cheddar Cheese, Lettuce, Tomato, a Mayonnaise.	\$8.25 nd
Turkey Jack Ovengold Turkey, Applewood Smoked Bacon, Pepper Jack Cheese, Avocado, Tomato, Lettuce, an Honey Mustard.	\$8.75 nd
Ragin' Cajun Cajun Turkey, Pepper Jack Cheese, Lettuce, Tomato, and Mayonnaise.	\$7.25

Sweet Slice Ham	\$7.85
Deluxe ham, Cucumbers, Scallions, Cream Cheese, Lettuce, Tomato, and Dijon Mustard.	
Ham Jam Beechwood Smoked Black Forest Ham, Swiss Cheese, and Raspberry Jam.	\$7.25
Beef & Blue Thinly Sliced Roast Beef, Red Onion, Blue Cheese Crumbles, and Horseradish Sauce.	\$8.25
Chicken Salad Sandwich Homemade pure white meat Chicken Salad, Lettuce, and Tomato.	\$7.25
Tuna Salad Sandwich Solid White Albacore Tuna Salad, Lettuce, and Tomato.	\$6.75
Whitefish Wave Bagel with Smoked Whitefish, Red Onion, and Tomato.	\$6.75
Kelly's California Veggie Hummus, Havarti Dill Cheese, Avocado, Cucumber, Sprouts, Tomato, Red Onion, and Balsamic Dressing.	\$7.55
Powerhouse Lettuce, Tomato, Sprouts, Cucumber, Muenster Cheese, and Pepper Parmesan Dressing.	\$5.95
TBM Fresh Mozzarella, Tomato, Basil, and Balsamic Dressing.	\$6.50
BLT Applewood Smoked Bacon, Lettuce, Tomato and Mayonnaise.	\$5.95
The Italian Prosciutto, Genoa Salami, Peppered Ham, Sopressata, Provolone Cheese, Shaved Parmesan, Sw Peppers, Hot Pepper Spread, Lettuce, Tomato, Red Onion, and Deli Dressing.	\$8.25 reet

Menu items and prices are subject to change.